

ASHFORD CITIZEN 5 TOWN HALL ROAD ASHFORD CT 06278

# Volume 54 Issue 9 September 1, 2023

"The purpose of the Ashford Citizen is to keep Ashford citizens informed on what is going on in town." (August 1952)

FAMILY DAY!

SUNDAY SEPT. 17th 1-4 PM at POMPEY HOLLOW PARK



Come and be a part of our Ashford Community at its Finest!

Call Sherry at 860-487-4409 or email Melissa at <a href="mmcdonough@ashfrdct.org">mmcdonough@ashfrdct.org</a>
to have your organization participate!

Invite Auntie Em, Cousin Huey and Grandpa Jones to join you!

Celebrate our 23rd Family Day!

#### ANNOUNCEMENTS



### **Town Offices Directory**

<b>Animal Control Officer</b>	860-234-4093
Assessor	860-487-4403
<b>Building Dept.</b>	860-487-4404
<b>Emergency Management</b>	860-428-0870
Finance Dept.	860-487-4405
Fire Marshal	860-208-0113
<b>Housing Authority</b>	860-429-8556
Parks & Recreation	860-487-4409
<b>Public Works</b>	860-429-6812
Registrar of Voters	860-487-4410
Selectmen's Office	860-487-4400
Sexton	860-487-4400
Social/ Youth Services	860-487-4417
Tax Collector	860-487-4411
Town Clerk	860-487-4401
<b>Zoning Enforcement</b>	860-487-4415

#### **Ashford Town Offices Public Hours:**

Town of Ashford website:

www.ashfordtownhall.org

Assessor, Selectmen's Office, Tax Collector, Town Clerk:

Mon., Tues., Fri. 8:30 am - 3:00 pm Wed. 10 am - 6 pm

#### Land Use Dept.:

Mon., Tues., Wed., Fri., 8:30 am-3:00 pm or by appt.

Social Services: Mon. & Tues. 9 am - 3 pm or by appt.

Transfer Station: Wed. 2-8 pm, Sat. 8 am-4 pm, Sun. 10 am - 4 pm

For other depts. not listed, please call for hours.

#### **CLOSINGS**

The Ashford Town Offices will be closed on Monday, September 4th to observe Labor Day.

The Town Clerk's Office will be closed Wednesday, September 20<sup>th</sup> at 3:00pm & also Friday, September 22<sup>nd</sup> for staff to attend the **Connecticut Town Clerk Association's** Fall Conference.

The Assessor's office will be closed the first week of September (9/4/23 - 9/8/23)

The Registrar's office will be closed on Wednesday, September 20th for Registrars To attend the SOTS Fall Conference

#### \*\*\* The Ashford Citizen \*\*\* **Policies & Procedures** August 15, 2023

- The Ashford Citizen is a local government sponsored newsletter made possible by town taxes and advertising, and the production efforts of the Citizen Editor.
- The *Citizen* is a limited public forum and its limited purpose is to inform the public about news pertaining to local government activities and offer a vehicle for local area organizations and businesses to advertise events, products and services.
- Residents and Ashford taxpayers will receive the Citizen at no charge (every Ashford mailbox and P.O. box). Non-profit groups and taxpayers who live out of town should contact the Citizen to be put on the "no charge" mailing list. All other parties may receive the Citizen for a \$30. annual donation.
- The Citizen will be delivered by the 1st of each month (every Ashford mailbox and P.O. box). Copies of the Citizen will also be made available in the Ashford Town
- All submissions must be received by the 15th of each month. Submissions received after the cutoff date for an issue will not be published. No exceptions.
- All items for the *Citizen* must include the submitter's name, address, and telephone number for verification. Items written on behalf of an organization require the signature of an authorized representative.
- The Citizen reserves the exclusive right to revise or reject all materials submitted for publication. As this publication is a limited purpose publication which is heavily subsidized by Ashford taxpayers in order to provide public information, the following will not be accepted: political ads/articles; opinion letters; religious, or other interest group ads/articles that go beyond an invitation to a program, event or time; explicit/ exploitive, obscene or degrading text, pictures/illustrations; offensive, proselytizing or slanderous articles.
- Readers should be aware that opinions or articles by individual writers or organizations are not necessarily those of the Citizen.
- Paid submissions are limited to a half page maximum per business.
- Paid submissions must be pre-paid; cash or check written to the Town of Ashford. The Ashford Town Clerk's Office will take payments. Payments may be mailed or dropped in the Town drop box.
- Articles and ad submissions should be made ashfordcitizen@ashfordtownhall.org.
- For more information about Ashford Citizen policies and procedures see them on the Ashford Town website or pick up a copy at Ashford Town Offices.

#### Your Contacts:

Colleen DePercio, Editor #860-487-4439

Email (submissions) ashfordcitizen@ashfordtownhall.org #860-487-4439

Payments or Questions

#### LEGAL NOTICE

# PUBLIC INFORMATIONAL HEARING/SPECIAL TOWN MEETING WEDNESDAY, SEPTEMBER 6, 2023, 7:00 P.M. ASHFORD TOWN OFFICES, LOWER LEVEL MEETING ROOM 5 TOWN HALL ROAD, ASHFORD, CT 06278

The electors and citizens qualified to vote in the Town Meetings in the Town of Ashford, Connecticut, are hereby notified and warned that a Public Informational Hearing and Special Town Meeting will be held on Wednesday, September 6, 2023 at 7:00 P.M. in the Lower Level Meeting Room of the Town Office Building in person, hybrid and virtually via ZOOM.

- 1. To receive information on proposed expenditures utilizing American Rescue Plan Funds totaling \$188,370 as follows:
  - a) Installation of split-units at the Ashford Senior Center in an amount not to exceed \$70,000;
  - b) Lost pay, including benefits, in an amount not to exceed \$12,370;
  - c) KMH ADA access front doors in an amount not to exceed \$20,000
  - d) KMH roof gutters \$10,000
  - e) Ashford Housing Authority "to preserve and create new affordable housing opportunities and raise funds to support programs that will enhance the lives of Ashford residents" in the amount of \$21,000
  - f) AVFD automatic defibrillators 6 units and supplies = 15,000
- 2. To receive information on proposed revision to Ashford Ordinance "Tax Abatement for Dairy Farms and Orchards, Including Vineyards," adopted at Town Meeting on April 26, 2006. Paragraph 6 of the ordinance currently in effect reads "Any abatement will continue in force for five years or until such time as the farm, orchard or vineyard is sold, or until such time as the property ceases to be a "dairy farm," "orchard" or vineyard," whichever comes first."

The proposed revision will read "Any abatement will continue in force for five (5) years, <u>ten years</u> <u>if a renewal application is filed</u>, or until such time as the farm, or hard or vineyard is sold, or until such time as the property ceases to be a "dairy farm," "or chard" or vineyard," whichever comes first."

Following discussion on the above funding requests, the Special Town Meeting will be called to order for the purpose of acting on:

- 1. Choosing of a moderator for said meeting;
- 2. To Approve the allocation of proposed ARPA funding as presented above. Items (a) thru (g), in the above list will be voted on separately;
- 3. To approve revision of paragraph 6 of an ordinance entitled "Tax Abatements for Dairy Farms and Orchards, including Vineyards"
- 4. Adjournment

William A. Falletti First Selectman Roger Phillips Selectman Cathryn E. Silver-Smith Selectman

#### PUBLIC HEARING/SPECIAL TOWN MEETING

Join Zoom Meeting

https://us02web.zoom.us/j/83642368532?pwd=bDI1bmpGR251VitoNzFzUURzVnYvdz09

Meeting ID: 836 4236 8532

Passcode: 06278

Dial by your location

• +1 646 558 8656 US (New York)

• +1 301 715 8592 US (Washington DC)

• +1 312 626 6799 US (Chicago)

Meeting ID: 836 4236 8532

Passcode: 06278

Find your local number: https://us02web.zoom.us/u/kBbcrZ61u

#### **VITAL STATISTICS**

#### Deaths:

Ryan W. Proulx June 16, 2023 Charles R. Hampton July 23, 2023 Nicole Cambrelen July 25, 2023

#### Marriages:

Mykyta Romanov June 24, 2023 Yuliia Shapoval

Shawn Lee Peno June 22, 2023 Allison May O'Bryan



### State Police Report--Troop C

Total Calls for Service Total Calls This Year

111 812

	July	YTD	
Accidents	7	46	
Criminal Investigations	5	46	
Burglaries	0	1	
Larcenies	0	3	
Non Reportable Matters	72	570	
Total Arrests	3	22	

# ATTENTION ASHFORD CITIZEN ADVERTISERS

Our new advertising requirements have been initiated.

- \*\* They include:
  - \* Maximum space size for paid ads will be one half (1/2) page per business.
  - \* New Advertising Rates as follows:

Business Card (3.75" wide x 2" tall) -

\$20. per month **\$220.** per year

<u>1/4 Page</u> - \$30 " " **\$330.** " "

<u>1/2 Page</u> - \$60 " " **\$660.** " "

# THANK YOU FOR YOUR SUPPORT. WE APPRECIATE YOU!

Questions please email: ashfordcitzen@ashfordtownhall.org



### Any real estate needs coming up?





#### **House Clean Outs**

Evictions and Rental Ready Services Available

You Call We Haul No Job Too Small We Also Do Dump Runs Free Estimates and Senior Citizen Discounts Call (860) 465-7262

#### HANDYMAN SERVICES

Sheet Rock Repair Misc. Repairs Power Washing Gutter Cleaning/Repair No Job Too Small Senior Discounts **Very Fair Prices** (860) 465-7262 24-hour Emergency Services



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Randy & Janice Berriault - 860.336.1838



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- Intermittent trailer lights
- Dim head light
- Snow plows & Sanders
- Rodent damage
- Tractor wiring
- Battery cables

We're mobile and can come to you!

#### **Assessment News**

The Assessor's office will be closed the first week of September (9/4/23 – 9/8/23)

#### PA 490 Farm, Forest and Open Space Use Classification - Reminders

Persons seeking to classify or amend land under Farm, Forest or Open Space must file an application between September 1, 2023 and October 31, 2023 with the Assessor. Persons seeking to classify land as Forest must include a PA 490 certified forester's report dated on or before October 1, 2023. New owners of formerly classified land must file a new application. Changes to the original filing (e.g., ownership, use or acreage) must be reported annually.

#### **Exemption for Veterans and Active Duty with Prior Service Periods**

As a veteran or member of the armed services on active duty with prior service periods, you may be eligible for several exemption programs under the Connecticut General Statutes.

Filing Requirement: To be eligible for a basic veteran's exemption under CGS §12-81(19) and §12-81g, the first step is to file an original long-form DD214 in the town clerk's office showing an honorable discharge. If you do not have a copy, one can be requested at <a href="http://www.archives.gov/veterans/military-service-records/">http://www.archives.gov/veterans/military-service-records/</a>. The DD214 must be filed no later than 3 pm on Friday, September 29, 2023. If you are unable to file the DD-214 prior to 9/29/2023 due to active-duty service, please contact the assessor. If you have an Other-than-Honorable discharge, you may still be eligible if you were discharged due to post traumatic stress disorder, a traumatic brain injury, or military sexual trauma. Contact the assessor for more information.

*Disabled Veterans:* If you have a disability rating from the VA of at least 10%, the exemption increases. To be eligible you will need a disability rating slip or letter from the US VA that specifies the percentage of disability. It is filed with the assessor once, unless the disability percentage changes.

Low Income Veterans: You may be eligible for a higher exemption if your 2022 calendar year household income was under \$40,300 if you are single and \$49,100 if you are married. If you are 100% VA-determined disabled, the income limits are \$18,000 for unmarried households or \$21,000 if married. Income for this program does not include VA disability benefits.

Active Duty Members of the Armed Forces: You may be eligible for the exemption of one motor vehicle from taxation. The deadline to file an application for vehicles on the 2022 Grand List is December 31, 2023.

Any questions? Call 860-487-4403 or email assessor@ashfordtownhall.org

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FREE Quote on an |
Automatic Stand-by
GENERATOR!

We also do hookups for portable generators certified by

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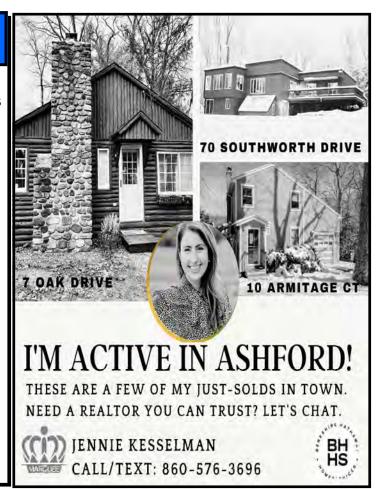
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License # 185790



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www.woodstockvalleyelectric.com



#### **ASHFORD SMALL ENGINE REPAIR**

August was another spectacular month for us! We thank you for your continued support and would like to extend our \$60. coupon to you, our valued customers, both present and future. Clip the coupon below and BOOK YOUR APPOINTMENT EARLY (959) 929-5795

\$60.00 off your repair

Our customers have rated us #1 in the area ....... 5 Stars and We plan to stay that way!



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SNOW BLOWERS, CHAIN SAWS, PUSH MOWERS, LAWN TRACTORS, WEED WHACKERS,

GENERATORS, FALL AND WINTER TUNE-UPS, PLUS MORE.....

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Dependable, Reliable, and Courteous Service.....Fast pick-up and delivery
On-Site repairs available

WE ARE ALSO PROUD TO ANNOUNCE THAT WE ARE NOW A CERTIFIED STENS DEALER and

We do Ultrasonic carburetor cleaning and rebuilding.



\*September will be full of apple cider, cider donuts, pies, flowers, corn, fall decor, mums and pumpkins!

\*Pick your own apples will be available! Please call ahead for current picking conditions.

\*Be sure to follow us on Facebook for PYO updates, special events, new products and more!!

WWW.HORSELISTENERSORCHARD.COM 860-429-5336 317 BEBBINGTON ROAD, ASHFORD, CT



Saturday, October 7, 2023 10:00 to 3:00 Hope and Wellness 39 Nott Highway (Rte 74) Ashford CT

Fudge - Pottery - Sustainable Eco-Friendly Products - Coffee -

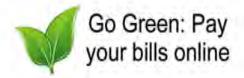
Glassware - Quilted Products - Crocheted Gifts -

Clothing . Acrylic Paintings and more

Join us for live Music Visit our new Wellness Studio

Enter a drawing to win a free Hope and Wellness service

Vendor Space is filling fast...Reserve today. Contact Hope and Wellness 860-477-0994.



All Tax Bills that are payable are posted online. The new tax bills were available on the website on June 30, 2023 and are available for payment if there is a shopping cart next to it. An **e-check** costs \$.95, the credit card fee is 2.99%. If you use a debit card, you must treat it as a credit card, and the 2.99% fee applies. Minimum fee for credit/debit cards is \$3.95. You can use the system 24/7. You do not need to register, but you need to give an email address in order to obtain a receipt.

Please make sure that your motor vehicle bills are up to date before you need to renew a registration or register a new (to you) vehicle. Please review the article on how to check your compliance issues at DMV.

All Town Offices are closed on Thursdays.

Go to: <a href="https://www.ashfordtownhall.org">www.ashfordtownhall.org</a>. To enter, the portal looks like this:



#### How to PAY Your Taxes Online

Go to <a href="http://www.ashfordtownhall.org/">http://www.ashfordtownhall.org/</a> and click this button on the right side of the page,



2. In the search bar enter your last name, space, and first initial.

Ex. Name: John Smith



3. If there is a shopping cart under the pay section then there is an outstanding balance.



BILL #

2014-01-0001631

00170100-LIEN

(REAL ESTATE)

2015-01-0001631 00170100-LIEN

(REAL ESTATE)

2016-01-0001604 00170100-LIEN

4. Find which bill you want to pay

2014-01-1631
■ 2014 is the Grand List
2014-01-1631

■ 01 is Real Estate

o 02 Is Personal Property

o 03 is Motor Vehicle

o 04 is Motor Vehicle Supplement

2014-01-1631

■ 1631 is the bill number

■ You MUST pay the OLDEST bills FIRST

o Oldest Grand List

5. When all of the bills are in your shopping cart

Click ■ 0 BILL(S)-\$0.00 → and Check Out

6. Read the Terms and Conditions before you press

Especially if You Have Past Due Taxes

7. Make sure the next cart is the same as the previous one and choose how you would like to pay. Then press

■ Treat All Debit Cards As Credit Cards

8. Enter Payment information, Review, and Submit.

 There is a 2.99% fee for Credit and Debit Cards as of June 20, 2023. Minimum fee for Credit and Debit Cards will be \$3.95.

■ There is a \$.95 fee for Checking Account (Reduced from \$1.95)

#### Available Now

#### The Historical Society of Early American Decoration, Its Historical Record

by Valerie Burnham Oliver, former Trustee and President over 200 pages with index & over 120 colored photographs



The publication is a fascinating and colorful history of a unique Society, founded in 1946, dedicated to preserving the designs & painting styles seen in the late 18th to the mid-19th.c. such as: country tin painting, stenciling, freehand bronze work, gold leaf painting, reverse glass painting, tall case clock dial painting, Pontypool/lace edge work, Victorian flower painting, theorem painting, penwork & women's painted furniture. Achievements and disappointments appear in the projects described, most led by women but some carried out by their male counterparts. The activities reflect changes in society generally, impacting operations and the decorative work itself.

orders: Valerie Oliver, 186 Seckar Rd., Ashford, CT 06278 or burnham.valerie.feb@gmail.com \$35 or \$45 includes shipping & handling / make check payable to Valerie Oliver / thank you



#### Assistance to Ashford Veterans

If you are in need of advice for Veteran benefits, questions on assistance such as health care, burials, disability compensation, Soldiers, Sailors and Marines Fund, or pension, please visit on the first Wednesday of the month with the new hours of 5:00-6:00 pm. Appointments are preferred, especially if Wednesdays are a conflict, but walk-ins are welcome.

Call Garry at 860-928-2309 and leave a message.
Please do not hesitate to contact me if you need help with your veteran issues:
Garry.brown71@aim.com and/or 860-928-2309.
Always no cost ever for veterans and always confidential.

#### **VETERAN NOTES**

Vietnam Veterans: If you were boots on the ground, currently married AND take meds for high blood pressure or high cholesterol, most likely you should consider filing a disability claim to protect your spouse.

Call Garry for more information at 860-928-2309

# Carpentry

#### 10% Discount For Ashford Residents



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860-712-8624

christian@lofcarpentryct.com



#### To all Ashford Residents

If you have any personal items, wheelchairs, walkers, canes or any other items you want to donate, please take them to your local charities, or to the Ashford put-n-take shed at the Transfer Station.

Please <u>do not</u> leave any items by the front door at 25 Tremko Lane.

Thank you, ASCO members









# Progressive Bingo with Cash prizes TUESDAY Evenings Sponsored by ASCO



at The Ashford Senior Center
25 Tremko Lane Tuesday Evenings
Doors open at 5 pm
Bingo from 6pm to 9:15 pm
Must be at least 18 yrs old to PLAY
Food and drinks available for purchase
Coffee is free

# ASCO Classic Car Cruise!!! September 10, 2023 1-4pm Ashford Senior Center Grounds 25 Tremko Lane



Old Fashioned Car Cruise is back! Classic Cars, Trophies, 1950-1970's music, BBQ Hamburgs, Hot Dogs, Sodas, and Lemonade. No Entrance Fee to show.



### SMALL TOWN BIG HEART

#### WORKING TOGETHER



#### **BOARD AND COMMISSION VACANCIES**

**Eastern Highlands Health District**: Alternate Town Representative The Health district meets on the 3<sup>rd</sup> Thursday of each month in the Coventry Town Hall Annex.

#### **Conservation Commission**: Alternate seat

The Conservation Commission is an advisory working group that will research and provide an inventory of natural resources in order to promote environmental protection and stewardship of land by education and outreach to residents, collaborating with land-use commissions to develop best management practices in working to maintain Ashford's rural character.

Meets on the 4<sup>th</sup> Monday of the month

To fill an alternate member vacancy to 11/2023 (party affiliation – U or R)

#### **Economic Development Commission**: 2 full member seats

The Economic Development Commission was formed to conduct research into the economic conditions and trends in the town and shall make recommendations to appropriate officials and agencies of the town regarding action to improve its economic condition and development. It shall seek to coordinate the activities of and cooperate with unofficial bodies organized to promote such economic development and shall prepare and distribute books, maps, charts and pamphlets which in its judgement will further its official purpose.

Meets on the 4<sup>th</sup> Wednesday of the month

To fill vacancy to 2/01/2025 (party affiliation – U or R)

To fill vacancy to 2/01/2025 (party affiliation – U or D)

#### **Ashford Housing Authority:** 1 regular member seat

To fill a regular member vacancy to 1/01/2028 (party affiliation – U, D, R)

#### **Inland Wetlands and Watercourses**: 1 regular member seat and 2 alternate member seats

To fill a regular member seat to 6/1/2025 (party affiliation – U, D, R)

To fill an alternate member seat to 6/1/2027 (party affiliation – U, D, R)

#### **Zoning Board of Appeals:** 2 Alternate seats by the Board of Selectmen until the 11/2023 municipal election Meets on the 2<sup>nd</sup> Wednesday of the month

To fill vacancies to 11/00/2023 (once these vacancies are filled by the Board of Selectmen, the remainder of the original term (11/2025) will be filled at the 11/2023 municipal election)

#### Senior/Disabled Transportation

Volunteers are needed to provide transportation opportunities to both our senior and disabled members of the community.

For those volunteers interested in piloting the mid-bus to varied destinations (e.g., one of the casino, lunch outings, educational trips, etc) a Public Service drivers' license is required. Information regarding the qualifications necessary to get this endorsement are available on the ConnDOT website. The Town of Ashford will reimburse the cost relating to this license endorsement.

We are also looking for volunteers to participate in our Demand Responsive Transportation program. Grant funding is available to reimburse mileage to volunteers using their personal vehicles to take folks to doctor appointments, shopping, etc.

#### IF YOU ARE INTERESTED IN SERVING IN ANY OF THESE CAPACITIES, PLEASE CONTACT THE OFFICE OF THE SELECTMEN AT 860-487-4400.



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### CELEBRATING OUR 25TH YEAR!

FRIDAY & SATURDAY 2 TO 7 PM SUNDAY 12 NOON TO 5 PM

Summer is passing quickly, but fall brings beautiful weather. Meet your friends and enjoy Westford Hill Distillers.

Gifts and gift certificates for special occasions.

Cocktails and bottles for sale.

Bring your own snacks.

Please, no dogs.

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INFO@WESTFORDHILL.COM





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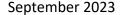




## EASTFORD VETERINARY CLINIC

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#### **How to Stay Safe from Wildfire Smoke**

#### Who is at risk for health effects from wildfire smoke?

Many adults may notice mild symptoms from wildfire smoke. But the groups at greatest risk for adverse effects are children under the age of 18, older adults, pregnant people, folks with asthma and respiratory diseases and/or cardiovascular disease, outdoor workers, and people who already live in areas with significant air pollution.

#### How can you tell the level of air pollution in your area?

The <u>Air Quality Index</u> was designed to inform the public about air pollutants regulated under the Clean Air Act. United States maps are color coded to indicate levels of pollution. The EPA (Environmental Protection Agency) provides this information at <u>AirNow.gov</u>. Specific fire and smoke maps are at <u>fire.airnow.gov</u>. Air quality is also often in local and national TV and radio weather reports.

#### What to do when wildfire smoke levels are high?

This is mostly common sense. Stay indoors and close doors and windows. If you must go outside, limit your time, and avoid strenuous activity. Use a particulate respirator mask outside (NIOSH N95 or P100 with 2 straps; NOTE: these are not available for child use). Seek out cleaner air spaces such as museums, shopping malls, movie theaters and senior centers. For those living with people at risk, if possible, use a portable air cleaner or a high efficiency filter (MERV 13+) in your HVAC system. Plan no-cook meals.

Don't add to indoor air pollution by burning candles, using gas, propane or woodburning stoves, fireplaces, aerosol sprays, smoking tobacco, frying/broiling meat or vacuuming.

Refs: CBSNews; EPA.gov;nrdc.org.

The ACETF thanks you for your interest in our work and welcomes your input. If you have questions, concerns, or comments, or wish to join us, please contact Susan Eastwood at sceastwood@yahoo.com.



# Greetings to the Ashford Community from Cynthia Ford, Superintendent

Welcome Back! A New Year of Possibilities Awaits! First day students k-8 August 31, 2023

Dear Students, Parents, Community and Staff,

Welcome back to a brand-new academic year at Ashford! I hope this email finds you rested, rejuvenated, and ready to dive into another year of learning and growth.

As we begin on this journey together, I wanted to take a moment to express my heartfelt gratitude to each and every one of you. Your dedication to education, resilience in the face of challenges, and commitment to creating a nurturing environment have been truly inspiring. I am honored to serve as your superintendent/director of support services and look forward to working collaboratively to make this year a success. The beginning of a new year brings with it a sense of renewed enthusiasm and possibilities. It is a time to set new goals, embrace fresh opportunities, and chart our paths towards excellence. Whether you are a returning student, a new student, a parent, community or staff member, I encourage you to embrace this year with open hearts and open minds.

**To our students**, I want you to know that you are the reason we are here. Your thirst for knowledge, creativity, and curiosity sets the foundation for everything we do. Our dedicated teachers and staff have been working tirelessly to create a stimulating and inclusive learning environment where you can thrive and reach your full potential. Remember, education is not just about the grades you receive, but about the experiences, friendships, and life skills you gain along the way. You can do whatever you set your mind to do.

**To our parents and guardians**, thank you for entrusting us with your most precious asset – your children. We understand the immense responsibility that comes with shaping young minds, and we are committed to providing a safe and nurturing environment where they can flourish. Your partnership and involvement in your child's education are invaluable, and we encourage you to stay actively engaged as we work together to support their growth.

**To our dedicated staff**, your unwavering commitment to our students' success is nothing short of extraordinary. Your passion, expertise, and efforts have a lasting impact on the lives of our students. As we face the challenges that lie ahead, let us continue to support and uplift one another, sharing our knowledge and experiences to create an environment that fosters growth, collaboration, and innovation. Together we can accomplish so much more.

As we navigate this new academic year, we remain committed to providing a safe and healthy learning environment for all. We will continue to follow the guidance and recommendations of health authorities to ensure the well-being of our students and staff. Together, we will adapt, innovate, and overcome any obstacles that come our way while keeping the safety of our school community at the forefront.

To the community of Ashford, thank you for supporting our school. Many updates were completed this summer and we continue to work on our Roof Project for the Summer of 2024. Your commitment to the education of our children in this community is nothing short of amazing. We are shaping our future generations together.

In closing, I want to express my deep appreciation for your unwavering support and dedication to education. We are all part of a larger community, and by working together, we can create a positive and impactful educational experience for our students. Let us embrace this new year with open hearts, open minds, and a shared commitment to excellence.

Wishing you all a successful and fulfilling academic year ahead! Warmest regards, Cynthia Ford Superintendent/Director of Pupil Services

#### Ashford Public School District 440 Westford Rd. Ashford, CT 06278

On August 10, 2023, the Ashford Board of Education announced its policy for determining eligibility of children who may receive free or reduced-price meals served under the National School Lunch Program (NSLP) and School Breakfast Program (SBP), or free milk served under the Special Milk Program (SMP).

Note: For SY 2023-24, students enrolled in a school participating in the SBP will be able to receive one school breakfast meal per school day free of charge. Additionally, all students eligible for reduced-price school meals enrolled in schools participating in the NSLP will be able to receive a lunch meal free of charge.

Free meals					Reduced-price meals						
Household size	Annual gross income	Monthly gross income	Twice per month	Every two weeks gross income	Weekly gross income	Household Size	Annual gross income	Monthly gross income	Twice per month	Every two weeks gross income	Weekly gross income
1	18,954	1,580	790	729	365	1	26,973	2,248	1,124	1,038	519
2	25,636	2,137	1,069	986	493	2	36,482	3,041	1,521	1,404	702
3	32,318	2,694	1,347	1,243	622	3	45,991	3,833	1,917	1,769	885
4	39,000	3,250	1,625	1,500	750	4	55,500	4,625	2,313	2,135	1,068
5	45,682	3,807	1,904	1,757	879	5	65,009	5,418	2,709	2,501	1,251
6	52,364	4,364	2,182	2,014	1,007	6	74,518	6,210	3,105	2,867	1,434
7	59,046	4,921	2,461	2,271	1,136	7	84,027	7,003	3,502	3,232	1,616
8	65,728	5,478	2,739	2,528	1,264	8	93,536	7,795	3,898	3,598	1,799
Each additional family member	+ 6,682	+ 557	+ 279	+ 257	+ 129	Each additional family member	+ 9,509	+ 793	+ 397	+ 366	+ 183

The income calculations above are based on the following formulas: monthly income is calculated by dividing the annual income by 12; twice monthly income is computed by dividing annual income by 24; income received every two weeks is calculated by dividing annual income by 26; and weekly income is computed by dividing annual income by 52.

Students residing in households with income at or below the levels shown in the chart above are eligible for free or reduced-price meals or free milk. To apply for free or reduced-price meals or free milk, households should fill out an application online at <a href="https://www.myschoolapps.com">www.myschoolapps.com</a>. Only one application is required per household and an application for free or reduced-price benefits cannot be approved unless it contains complete eligibility information as indicated on the application and instructions.

• Information provided on the application is confidential and will be used only for the purposes of determining eligibility and for administration and enforcement of the lunch, breakfast, and milk programs.

- Note that the district may share your eligibility information with education, health, social service, and nutrition
  programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews,
  and law enforcement officials to help them look into violations of program rules.
- No application is required if the district directly certifies a student based on a household member receiving
  assistance from the Supplemental Nutrition Assistance Program (SNAP) or the Temporary Family Assistance
  (TFA) program. All students in these households are eligible for free school meals. Households receiving
  SNAP or TFA benefits for their children should only submit an application if they are not notified of their
  eligibility by September 27, 2023.
- Some students may be directly certified for free or reduced-price meals based on Medicaid (HUSKY A). No
  application is required if the district directly certifies a student based on Medicaid (HUSKY A). All students in
  these households are eligible for free or reduced-priced meal benefits.
- If a student is not directly certified, the household should complete a free and reduced-price meal application form. SNAP or TFA households require the SNAP or TFA case number on the application.
- Students in households participating in the Women, Infants and Children (WIC) program may be eligible for free or reduced-price meals. Please send in an application.
- When known to the district/school, households will be notified of any student's eligibility for free meals of they are Other Source Categorically Eligible because the student is categorized as either: Homeless; runaway as defined by law and determined by the district's or school's homeless liaison; or enrolled in an eligible Head Start or pre-kindergarten class as defined by law. Households with students who are categorically eligible under Other Source Categorically Eligible Programs should complete an application and check-off the relevant box.
- Foster children that are under the legal responsibility of a foster care agency or court, are categorically eligible
  for free meals. A foster parent does not have to complete a free/reduced meal application if they can submit a
  copy of the legal document or legal court order showing that the student is a foster child, however, a foster
  child's eligibility for free school meals does not automatically extend to all students in the household.

Applicants must complete all required information on <a href="mayer-normal">myschoolapps.com</a> in order to submit an application. The Administrative Assistant to the Superintendent (jtruax@ashfordct.org) will review applications and determine eligibility. If dissatisfied with the ruling of the determining official, you may discuss the decision with the determining official on an informal basis; to make a formal appeal, a verbal or written request, may be made to David Eichorn, 440 Westford Rd. Ashford, CT 06278 for a hearing to appeal the decision.

Questions regarding the application process may be directed to the determining official at  $860-429-1927 \times 365$ .

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Rekay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.uda.gor/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- mail: U.S. Department of Agriculture
   Office of the Assistant Secretary for Civil Rights
   1400 Independence Avenue, SW
   Washington, D.C. 20250-9410; orfax: (833) 256-1665 or (202) 690-7442; or
- 2. email: program.intake@usda.gov

This institution is an equal opportunity provider.

#### **Special Presentation**

Co-Sponsored by The Ashford Historical Society and The Babcock Library

On November 15th at 7pm (doors open at 6:30), author and historian Marty Podskoch, will give a PowerPoint presentation at Knowlton Memorial Hall on the 90th Anniversary of the Civilian Conservation Corps Camps and its work in CT.



Photo caption: These 17 boys from Camp Fernow in Eastford are ready to cut trees in the Natchaug SF with a forester (front row, left) and the foreman seated in the truck. CT CCC Museum

The Civilian Conservation Corps (CCC) began on March 31, 1933 under President Roosevelt's "New Deal" to relieve the poverty and unemployment of the Depression. CCC camps were set up in a few Connecticut towns, state parks, & forests. Workers built trails, roads, campsites, & dams, stocked fish, built & maintained fire tower observer's cabins & telephone lines, fought fires, & planted millions of trees. The CCC disbanded in 1942 due to the need for men in WW II.

Enrollees signed up for 6 months and worked a 40-hour week for \$30/mo. The government sent \$25 to the enrollee's family and the enrollee received \$5. The young men received good food, uniforms, and medical care. At first they lived in tents; later they lived in wooden buildings. In nine years, 2.5 million young men participated in restoring public appreciation of the outdoors.

Marty Podskoch is a retired teacher and the author of 11 books: Adirondack Civilian Conservation Corps Camps: Their History, Memories and Legacy of the CCC; Fire Towers of the Catskills: Their History and Lore, Adirondack Fire Towers: Their History and Lore, the Southern Districts; Adirondack Fire Towers: Their History and Lore, the Northern Districts, Adirondack Stories: Historical Sketches; 101 More Adirondack Stories: Historical Sketches; The Adirondack 102 Club: Your Passport & Guide to the North Country. He also writes a weekly column called "Adirondack Stories," in five Adirondack newspapers. He has written three travel books: The Adirondack 102 Club, The Connecticut 169 Club and the Rhode Island 39 Club. Some books will be available to purchase at the event.

Next Ashford Historical Society Meeting Date: Tuesday, September 26th 7pm Knowlton Memorial Hall



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# FREE ESTIMATES 860.872.2366

Licensed & Insured - ELC.0184929-E1

Pediatric Flu Shot Clinic Knowlton Memorial Hall Ashford, CT Oct 4, 2023 Ages 4 -18yrs



Sponsored by Eastern Highlands Health District Questions? Call Martha Sibley-Jett RN BSN. 860-429-6419x357 Looking for residential accounts on the Ashford/Willington/ Mansfield line.

We do not provide services to the Ashford/Union area.

We do not clear snow from vehicles or shovel.

Please call between 6:00 -10:00 pm.

Free estimates.

Call #860-487-1054; ask for John.

### H.H.H. Property Maintenance, LLC

Lawn care, Snow Removal. Clean ceas, Dump runs. Spring and Fall Clean up, Leaf Removal and other property maintenance as needed

John Henderson, Proprieter

87 Floeting Road Ashiord, CT 06278 hihoropmotelle@gmail.com 860-487-1054 860-918-0890



#### **Ashford Pollinator Pathway News**

By Jennifer Sterling-Folker, September 2023

Greetings Ashford! September is a great time to plant for next year as plants still have time to get established before winter sets in.

Many native plant nurseries also have



sales at this time. **Native Plant Trust's Garden Shop** in Framingham, MA, typically begins their fall native plant sale at the end of August and the sales continue until the shop closes for the season in October. Other nurseries, such as our own **Ashford Garden Center** on route 44, restock native plants for the fall, and the online native plant nursery **Prairie Moon** has begun their Fall bare-root plant and seed sales (https://www.prairiemoon.com).

Speaking of seeds, it's also a great time to start thinking about whether you want to sow native plant seeds that require cold stratification, ie: a period of cold temperatures to break their dormancy cycle. This includes Lupines, Bee Balms, Coneflowers, and Milkweeds and many other desirable native plants. While you can replicate the process indoors during the winter, you can also sow seeds directly into your garden or in pots left outside for the winter. Because birds and mice will try to eat the seeds before they've had a chance to germinate, be sure to cover the sown seed with screens. For instructions on how to cold stratify native plant seeds that need it, visit the Wild Seed Project's info page: <a href="https://wildseedproject.net/how-to-grow-natives-from-seed/">https://wildseedproject.net/how-to-grow-natives-from-seed/</a>. If you are looking for some free seeds to cold stratify this winter, stop by our table at Ashford's Family Day on September 17 or email us. We currently have small seed packets of Lupine, Common Milkweed, Indigo, and Coneflower to give away.

If you buy native plant perennials but can't get them into the ground in time, overwinter them right in their pot in a sunny, wind-protected location tucked in under old sheets or a frost blanket. I have overwintered many perennials on my deck this way for years; most survive the winter and are already starting to sprout (sometimes even bloom) in late April or early May when I begin to remove the frost blankets. Rodents also sometimes try to overwinter under these blankets so to deter them you can cover the pots with screen netting before putting on the sheet or frost blanket.

In July we had the opportunity to walk the Josias Byles Sanctuary, a Joshua's Trust property in Ashford off route 44, with its trail steward, Nord Yakovleff. This beautiful trail features both

forest and meadow habitats, with some spectacular milkweed stands which are worth visiting this time of year to see Monarch butterflies. Joshua Trust properties are partnered with Pollinator Pathway and many trailheads have the PP medallion. If you need a free medallion for your native plant garden or property, email us. We also have information on native wildflowers for New England meadows and how to establish meadows that support Monarchs and other wildlife.

#### **Upcoming Events**

Ashford PP will be putting together a pollinator basket for the Babcock Library's fundraising silent auction at their annual wine-tasting event on Saturday, Sept 9<sup>th</sup>, 3-5PM at Church Farm in Ashford. Tickets for the event are \$25 and available at the Babcock Library.

We will be at Ashford Family Day on Sept 17<sup>th</sup> with free native plants, seed packets, and other goodies – stop by our table!



Our monthly newsletter has additional information and live links to PP, conveniently delivered right to your email inbox. Simply scan the QR code below in order to sign up to receive it.





Email us at:

<u>AshfordPollinatorPathways@gmail.</u>

<u>com</u>

SANCTUARY

#### ASHFORD VOLUNTEER FIRE DEPARTMENT

#### Join us for our first Cruise Night at AVFD!

Weather
Permitting!

Thursday, Sept. 7, 2023

5:00PM - 7:30PM

In collaboration with Terry's Transmission, we will be having the first of what we hope to be a few cruise nights to finish off the season.

#### Everyone is welcome to join us for a night of family fun!



\*\* FREE Adm is s ion \*\*

- AND
No FEE

to display your vehicle!!



Enjoy live DJ music, check out antique & classic vehicles and meet some of our First Responders.

Absolutely NO ALCOHOL or BURN OUTS will be permitted or tolerated!



We still have house number signs available! These reflective house number signs help us to locate your house when time is crucial. One of our biggest challenges is locating a property with a shared driveway that has two or more house branching off. Unless we are already familiar with your location, it becomes a guessing game for us to find a particular house and thus, causing a delay reaching you in an emergency. Signs can be ordered on our website - <a href="https://www.ashfordfire.org/order-a-house-number">https://www.ashfordfire.org/order-a-house-number</a> or stop by our table at the Cruise Night and order yours! They are available in either vertical or horizontal. A \$10 donation is suggested.



#### The call count for July was 9 Fire/Rescue and 42 EMS. Our fiscal year total is 51.

If you have any non-emergency questions or concerns, you may contact Station 20 at (860) 429-9862 from 6AM to Midnight every day, or the Tolland County Fire Mutual Aide Fire Service at (860) 875-2543 24 hours a day, and they will contact an AVFD duty officer for you.

Tracey Stancil VP/Firefighter/EMT AVFD Station 20



ASHFORD AREA ARTS COUNCIL in collaboration with Windham Arts

#### **Monthly Meeting**

Our September 13<sup>th</sup> meeting is for members and their significant other. A time to appreciate members and their participation in events, those who support Ashford Area Arts Council and to appreciate our volunteers who make so much possible. A fun night of food, music by Blu Ja'nk (Bluesy Jazz and Funk)! Check your email for details - bring a piece of your work to display. 7:00pm - 9:00pm at the Knowlton Memorial Hall in Ashford.

#### Recap: AAAC Members' Show - The Vanilla Bean Café

During the month of June several Ashford Area Arts Council artists' beautiful creations filled the walls of The Vanilla Bean Café in Pomfret, CT. This was the second year the AAAC Members' Show found a home there. The exhibit was very well-received by the diners and those who love to frequent the establishment to view local arts exhibits. Over the last 30 years the Vanilla Bean has been honored with multiple awards including Best of Connecticut and Best of New England. The arts have always coincided with their fresh foods and homestyle atmosphere, as they pride themselves on being "a friend of the arts", and do not ask for any commission. 100% of the sales transactions goes to the artist. The gallery director there exclaimed that our organization brought in the highest gross number of sales than any other exhibit he can remember!

Our artists were: Christine Acebo (photography), Deb Aldo (mosaics), Lance Arnold (glasswork), Joseph Burger (watercolor painting), Cindy Curry (photography), Judy Doyle (acrylic and oil painting), Dot Drobney(photography), Deb Gag (oil painting), Sharon Garrison (acrylic painting), Steve Gerling (oil painting, drawings, acrylics), Anna Harding (stained glass), Michael Hughey (calligraphy), Joan Blade Johnson (fiber art), Maggie Kendis (hand-colored block prints). Karrie Kirchner (collage), Frietha Lawrence (oils, watercolors, pen/ink), Kathy Lepak(calligraphy), Charles McCaughtry (watercolor painting), Lori Smolin (watercolor painting), Joseph Szalay (photography), and Marian Vitali (pastels).

Our next show will be in April of 2024.

#### **Upcoming Events:**

- Ongoing Online Sales contact the artists via our website, https://ashfordarts.org
- HOLIDAY ARTISTS MARKET, November 18th and 19th
- Vanilla Bean Show, April 2024
- FOLLOW US https://www.facebook.com/ashfordarts

#### The AAAC at the Ashford Farmer's Market!



Former AAAC Chair Debra Gag was thrilled when Jacqueline Kulig, director of the Ashford Farmers' Market reached out with her vision and desire to add crafters and artists once a month to the market this season. We were very happy to take her up on her offer and quickly formed a line-up. Our artists will be in attendance at a booth the 3rd weekend of every month throughout the summer.

Shown above: caned chair by Bob Johnson



September 17<sup>th</sup>
Bob Johnson:
Chair Caning

October 15<sup>th</sup> Xiaohong Song: Home Decor

Shown above: Handcrafts by Xiaohong Song, photo by Dot Drobney

Save the dates! Our artists are busy making their work for our annual Holiday Artists Market which will be held November 18th and 19th this year.



Sue Muldoon discusses basketry with Marion Vitalie at last year's Holiday Artist Market

WELCOMING NEW MEMBERS	Name:	Email:	Stacey Palmer
You do not have to be an artist	Phone:		AAAC Membership Director
Membershin: \$30 Donation		l	Contact Stacey for mailing address at
October 1st – September 31st	Bus. Name:	, ,	StaceyTheAAAC@outlook.com
Please Circle One:	Website:	<ul> <li>take workshops</li> </ul>	Check Payable To:
•Visual Arts •Writing/Poetry	Website		WINDHAM ARTS ORGANIZATION
•Performance Arts	Mailing Address:		MEMO Line: AAAC MEMBERSHIP
<ul> <li>Supporter of the arts</li> </ul>			

#### **ASHFORD COMMISSION ON AGING And**



#### **Presents**

#### Fall Prevention in our Quiet Corner!

Program Date: Wednesday Sept. 20th, 10:00 am - 11:00 am

- Learn how to identify your personal risk factors for a fall.
- Learn self-help strategies to reduce your risk of falling.
- Learn how to get the Help you need to stay Independent!

#### **REGISTRATION IS REQUIRED ©**

Ashford Senior Center - 25 Tremko Lane, Ashford, CT 06278 860-487-5122

This informative program will help you stay
Safe & Independent!

Support provided by Senior Resources Agency on Aging with Title III funds made available under the Older Americans Act.



# Antique Show on the Lebanon Green

56th Annual Fundraiser for the Lebanon Historical Society

On the Green at the intersection of routes 87 & 207 Lebanon
 www.historyoflebanon.org



# Saturday, September 30, 2023 9am—3pm

\$8 admission children under 12 are free Free Parking Held rain or shine

Coffee & donuts Grilled burgers & hot dogs Homemade chowders, sandwiches & slices of pie



#### **Scout Troop 92 Sept Newsletter**

#### Summer activities:

The troop spent a week hiking through the White Mountains of New Hampshire. The heavy rain that they ran into didn't dampen their spirits. It didn't rain the whole time that they were out on this high adventure.

Summer camp at JN Webster Scout Reservation. Scouts got merit badge instructions in Life Saving, First Aid, Welding, Wilderness Survival, and other useful and interesting topics.





#### <u>Upcoming</u>:

The troop will have a Court of Honor to award merit badges and advancement earned at summer camp.

The Troop will be parking cars at the Brooklyn Fair. This is a significant fund raiser for the Troop.

A fall foliage bicycle ride is slated for October. The Troop will ride the Airline Trail in Pomfret.

Scout Master Cory Blanchette will be leaving the Troop. We thank him for the hard work that he did and the years that he guided the Troop. Cory was a good role model to youth. Jesse Burnham of Ashford has accepted the position of Scoutmaster. Jesse has an extensive background in Scouting. We are excited to have him as a resource for our Troop.

Troop 92 BSA Ashford/Eastford/Pomfret

Nord Yakovleff Ast Sct Mstr Chris Murphy Ast Sct Mstr Rob Hany Committee Chair Kurt van Heiningen Cub Master



#### **September 2023 Conservation Commission News**

#### **Waste Reduction**

With the climate changes we are experiencing, it is crucial that we focus on reducing our carbon footprint and reducing the amount of waste we generate. We all need to adjust and shift our daily patterns to be more mindful of the long-term impact.

<u>Waste Tip for September</u> Having a reusable container for your *water* means you can cut down on one-use plastic bottles. This can cut your carbon footprint and reduce excess waste.

#### **Ashford Farmers Market**

The Ashford Farmers Market is continuing to provide us with a wide variety of great food. We are at the same place on RT 44 across from the town hall every Sunday from May until the Sunday before Thanksgiving. Our market runs from 10AM-1PM rain or shine. If you are wondering on any given Sunday if there is a question regarding market cancellation due to severe weather, please go to <ashfordfarmersmarketct> on Facebook to see if our market is open.

This month on September 10 we are planning a community resource day where several local non-profits will have a table at the market to showcase their organization. Be sure to join us on Sunday September 10 to learn more about the work they do.

Our Ashford Farmers Market provides our residents with quality, locally fresh produce, fruits, baked goods, and other goodies. Plus, a friendly farmer to discuss what they are selling. Take advantage and visit our market often. Look for 2 pictures of our market farmers, one of a new vendor this year Olivia Benson, Fox View Farms and Dee Ethier, Ethier Farms, long time fruit vendor. Both pictures were taken by Christine Acebo.





#### **New Joshua Trust Property**

We are pleased to announce that Joshua Trust has acquired a new property on Pumpkin Hill Road in Ashford. Paul Praklis donated 24 acres to JT, a key piece as it connects Jt's Friedman Forest to state owned Pumpkin Hill Wildlife Management Area to the east. It is also close to the Pinkham donation to JT on Colt's Pond Road. We are grateful to Paul Praklis for his generous support of land conservation.

Our Conservation Commission meets every 4<sup>th</sup> Monday via zoom at 7PM. Everyone is welcome to attend our meetings.

Loretta Wrobel, chair

# SENIOR CENTER CALENDAR







Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					9:00 Walking Tape 9:30 Tai Chi at Knowlton Hall 12:00 Congregate Meals 1:00 Dominoes	2	
	LABOR DAY WE WILL BE CLOSED	<b>5</b> 9:30 Tai Chi at Knowlton Hall	6 11:00 Lunch Bunch (1) 12:00 Congregate Meals	7 12:00 Dime Bingo	8 9:00 Walking Tape 9:30 Tai Chi at Knowlton Hall 12:00 Congregate Meals 1:00 Friends of the Library 1:00 Dominoes	9	
11:00 -4:00 Cruise Night	9:30 Walking Tape 9:30 Casino- MGM Springfield 10:00 COA 1:00 Mah Jong	<b>12</b> 9:30 Tai Chi at Knowlton Hall 10:00 Aqua Turf Trip	13 12:00 Congregate Meals	14 10:00 Trader Joe's 12:00 Dime Bingo	9:00 Walking Tape 9:30 Tai Chi at Knowlton Halli 12:00 Congregate Meals 1:00 Dominoes	16	
17 18 Family Day in Ashford 9:30 Walking Tape 1:00 Mah Jong		19 9:30 Tai Chi at Knowlton Hall 1:00 Birthday Party	20 10:00 Fall Prevention Program 11:00 ASCO Membership 12:00 ASCO Board 12:00 Congregate Meals		9:00 Walking Tape 9:30 Tai Chi at Knowlton Hall 11:00 ASCO 12:00 Congregate Meals 1:00 Dominoes	23 9:00 SHRED IT	
24	25 9:30 Walking Tape 11:00 Hairdresser 11:00 Lunch Bunch (2) 1:00 Mah Jong	<b>26</b> 9: 30 Tai Chi at Knowlton Hall	<b>27</b> 9:30 Pumpkin Town Trip 12:00 Congregate Meals	28 10:00 Low Impact Chair Yoga 12:00 Dime Bingo	9:00 Walking Tape 9:30 Tai Chi at Knowlton Hall 12:00 Congregate Meals 1:00 Dominoes	30	

#### Save the Date: Annual Shred Day

September 23, 2023 9:00 AM to 12:00 PM

Ashford Senior Center 25 Tremko Lane Ashford, CT 06278

Please remember to bring a canned food or non-perishable item in exchange for the documents you would like to shred. All items or monetary contributions will be donated to the Ashford food bank.





#### SEPTEMBER BIRTHDAY PARTY



Let us celebrate each of our seniors who were born in the month of September.

September 19th Tuesday at 1:00

Our event will be: Kira Holmes and the History of the Sewing Machine



CAKE, TEA, COFFEE AND SOMETHING FOR THE CELEBRANTS TO UNWRAP WILL BE PROVIDED FREE

YOU MUST SIGN-UP IN ADVANCE FAMILY MEMBERS OF CELEBRANTS ARE WELCOME

PRESENTED BY THE ASHFORD SENIOR CENTER
25 TREMKO LANE
869-487-5122



## From the Municipal Agent for the Elderly Kit Eves 860-487-5122

September is ramping up with many new things to plan for and enjoy. One program I am particularly pleased to offer is a Fall Prevention Program. Several times over the years I have been your Municipal Agent, I have written about how to make your home safer. The number one reason why seniors go into a nursing home is because they have fallen and fractured some bone. Come learn how not to fall in your own home. September 20<sup>th</sup> at 10:00.

I have received several calls about having the Shred It program this fall. I am happy to say it is scheduled for September 23<sup>rd</sup> in the am. Do not forget to bring something for the food pantry.

Tai Chi is now a satellite program at Knowlton Hall as the group grew so large that moving the tables every week became problematic. There will be times when the group will have to come back because Knowlton Memorial Hall is being used. (ie. election day). But it is wonderful that this program has grown so much. Tuesday and Friday's at 9:30.

We lost our Low Impact Program during Covid. I have found a new instructor who is willing to teach Chair Yoga. The class will be held on Sept 28<sup>th</sup> at 10:00. This is a one-time trial to see if there is still interest. The price is \$4.00 at the door.

#### **COMING ATTRACTIONS**

Sept. 6<sup>th</sup> Lunch Bunch (1) Willimantic Brewing Co Sept. 11<sup>th</sup> Casino Trip to MGM in Springfield

Sept. 19<sup>th</sup> Birthday Party History of the Sewing Machine

Sept. 25<sup>th</sup> Hairdresser

Sept. 23<sup>rd</sup> Shred It 9:00-12:00 Sept. 27<sup>th</sup> Pumpkin Town Trip Sept. 28<sup>th</sup> 10:00 Chair Yoga

#### NEW PROGRAM

Coming to the Ashford Senior Center September 28<sup>th</sup> Thursday at 10:00 \$4.00 at the door





This is trial run to see what the interest will be in the future.



September 27th, Wednesday OVER 100 PUMPKIN HEADS FALL SHOPPING – JAMS JELLIES. FLOWERS, FRESH VEGGIES ENTRY FEE \$5.00 AT THE DOOR Then lunch on your own at Rossini's Italian Restaurant

VAN LEAVES THE ASHFORD SENIOR CENTER, 25 TREMKO LANE AT 9:30

Call 860-487-5122 to reserve a seat on the bus ALL ARE WELCOME



# **Babcock Library News**

25 Pompey Hollow Road Ashford, CT 06278



Your Center for Life-Long Learning

Phone: 860-487-4420 \* Website babcocklibrary.org \* email: director@babcocklibrary.org

#### September 2023

#### Hours

Monday - 9-5

Tuesday - 9-5

Wednesday - 9 - 8

Thursday - Closed

Friday - 9-5

Saturday 9 – 1

Sunday - Closed

#### Library Staff

Ann Chonte' Chris
Diane John Stacey

#### Libby

Available 24 / 7!

Try Libby (formerly Overdrive) for Babcock Library card holders!

<u>Libby</u> offers e-books & audiobooks - accessible on mobile devices!

Check Facebook for Additions and Updates!

#### **Cooking Club!**

Try new recipes and chat about your culinary adventures! Each month has a theme.

Bring a prepared dish and copies of the recipe to share. Food should arrive ready to eat. The library will provide the plates and forks. Sample and talk about each recipe and take home new ideas!

Monthly, on the 2nd Wednesday @ 6:30 pm

• First Event! September 13: Cold Salads

Please register in advance @ 860-487-4420



#### Friends of Babcock Library Meeting

3rd Tuesday of each month @ 2:30 pm

# **Library Board of Trustees Meeting**

4th Tuesday of each month @ 10 am

# Embroidery & Knitters Group

Every Wednesday

@ 1 pm

# Children's Storytime & Craft

Every Wednesday @ 10:30 am

#### **Ukulele Lessons**

1st Wednesday of each month.

Call to schedule



#### Read to Lulu!

Call to schedule



#### **Mystery Book Discussion!**

Tuesday, September 5, 2023 @ 1 pm
The Daughter \* by Jane Shemilt



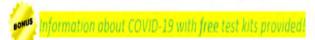
#### TICK-BORNE DISEASE AWARENESS & PREVENTION

EDUCATIONAL FORUM
HOSTED BY



#### DID YOU KNOW?

- · Ticks can transmit multiple diseases, not only Lyme!
- Some ticks are only the size of a 'dot' or 'poppy seed'

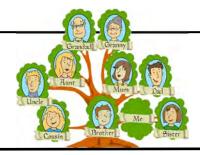


Wednesday, September 6 @ 6 PM



# Ashford Parks & Recreation FALL SPECIAL EVENTS & BUS TRIPS

# FAMILY DAY!



SUNDAY SEPT. 17th 1-4 PM at POMPEY HOLLOW PARK



#### BUS TRIPS Enjoy an Autumn Day On Your Own in Historic BOSTON!

Sat. Oct. 14th 2023. Coach Bus leaves the Tolland Commuter Lot at 7 a.m. and returns by 8:00 p.m. You decide, Quincy Market., Faneuil Hall, a Duck Tour, the Aquarium or the Science Museum. The day is yours to orchestrate. Go on line for details on what to do. https://heyeastcoastusa.com/boston-in-fall/ Fee \$60. (bus only) Register by 9/29.

LOOKING AHEAD, Day on Your Own in NYC! Sat. Dec. 2nd 2023

THE GREAT PUMPKIN'S HALLOWEEN PARTY
SATURDAY OCT. 28TH
1-4 PM AT CAMP CONNRI

Join us for the fun! Games tricks and treats! Watch for details





## Turkey Trot

Sunday Nov. 12th, 1:00-3:00 pm Ashford Memorial Park

You can walk, jog, sprint, or trot around the stone dust trail, each laps earns a ticket in the drawing for a turkey!

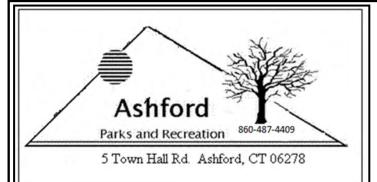
SUNDAY
DECEMBER 3rd
4:30 p.m.
KNOWLTON
MEMORIAL HALL

Tree
Lighting!
Sing , Eat
Delicious Soup
& See Santa!
Enjoy Live
Music by the
Babcock Band!

Jingle Bells, Oh, Come All Ye Faithful!



Join us for this nostalgic, hometown holiday tradition, sure to light your holiday spirit and warm your heart!



#### Certified **YOGA** Trainer



#### **Karrie Kirchner**

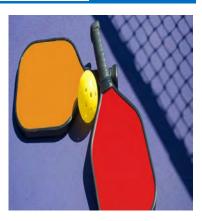
Leads class on Tuesday mornings. in Knowlton Memorial Hall.
Come move, stretch, and get centered!
Class runs 8:15-9:15 a.m.
Drop ins welcome for \$10 a class or 6 week session is \$50.

Namaste'

#### P \*I \* C \* K \*L \* E \* B\* A\*L \*L

Fall is a wonderful time for Pickleball!
In September join us M. W. F. mornings at 9:00
a.m. and T & TH Eves at 5:00 pm for games at
Pompey Hollow Park!
Introduction Class for Beginners to be offered.

Introductory Class for Beginners to be offered, Watch for details, Call 487-4409 if interested or e-mail syork@ashfordtownhall.org





### Start Smart Soccer

for Preschoolers
3-5 years
Ashford Memorial Park
Thursdays 4:00-4:45
Sept.14th to Oct.19th
(6 weeks) Fee: \$40

#### **After School Gymnastics**



for students in Grades K-4 Ashford School Gym Tuesdays 3:30-4:30 Sept. 19th– Oct 24th Fee: \$60

### ENGLISH COUNTRY DANCING

#### DANCE LIKE ITS 1799!

It's fun, Its easy, Its elegant!

Come alone or with a friend—no experience required.

Classes will be held on Sundays from 3-5 p.m. at the Ashford Senior Center.

Dates: Sept.17th, Oct. 15th, Nov. 19th, Dec. 17th

& will continue into the new year.

No Fee, Contact organizer Barbara Renna at barbararenna0012@gmail.com Sponsored by APRC



The Ashford Citizen 5 Town Hall Road Ashford, CT 06278

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