COMMISSION ON AGING (COA) Earl W. Smith Senior Center 25 Tremko Lane Minutes Monday, April 3, 2023

The meeting was called to order by Jean McCarthy at 10:11am.

Members present: Charlene Armitage, Jane Martin, Catherine Sampson and Jean McCarthy, Kit Eves, Agent for the Elderly

There was no correspondence.

Catherine Sampson moved and Jane Martin seconded to approve the minutes of the March 6, 2023. Motion passed unanimously.

Agent for the Elderly

• Kit said the birthday party gatherings were going well. Bingo will be starting up again on Tuesday evenings. Several community groups are using the center for activities. The Easter Egg Hunt committee, the Ashford Arts Council and the Recreation Department English Dance event have booked the center. The senior housing group will be going to Trader Joes each month and there is now a second lunch bunch meeting on Wednesday. More upcoming events are a tea planned at the Henrietta House, a trip to the beach in New London, a trip to the Navigators Baseball stadium and the annual picnic.

Old Business:

- Jean contacted Karla Vince from the Visiting Nurse and Health Services regarding a program for the upcoming months. The scheduled April date would not work out so a May or June date will be pursued. The preferred topic will be memory games or dementia and falling.
- The May Health fair will be on the 13th. Charlene will pick up the pizza at the Red Rock. Catherine and Jane will work at the fair as needed.
- Charlene will have more information about the November Veterans Day event later in the fall.
- Game Day will serve pizza and drinks. Kit will provide her puzzle game for the event.

There was no new business.

There were no persons to be heard.

Jane Martin moved and Catherine Sampson seconded to adjourn at 10:45AM. Motion passed unanimously.

Jean McCarthy, Secretary