

**COMMISSION ON AGING**  
**Minutes Monday, January 3, 2023**  
**Senior Center**

The meeting was called to order by Carole McCarthy at 10am.

Members present Carole McCarthy, Catherine Sampson, Esther Jagodinski, Jane Martin and Jean McCarthy, Kit Eves, Agent for the Elderly

Guest: Charlene Armitage

Jane Martin moved and Catherine Sampson seconded to approve the minutes of the December 5, 2022 meeting. Motion passed unanimously.

Charlene Armitage stated that she was interested in being a member of the Commission on Aging. She will send a letter to the Board of Selectman this week.

Agent for the Elderly

- Kit passed out a thank you letter from Mansfield Rehabilitation Center for the tray favors that we made for them.
- Kit suggested that the COA ask for an increase in our budget for the New Year. The deadline to submit is January 13.
- Kit said that she will purchase the materials needed to make the valentines for veterans. She will give Carole the receipts for the doilies, adhesive hearts and card stock which she will be reimbursed by the COA budget.
- There will be a new January program, birthday recognition day. Kit will purchase the cake. March will see many more trips taking place. Kit has a new person to help with crafts. Kit said attendance at the center has been good.
- Kit mentioned that the Board of Selectman notified her that the center will be a warming station. She explained the current system of sheltering and checking on our elderly residents who may need assistance in cold weather.

New Business:

- Jane Martin moved and Catherine Sampson seconded to ask the Board of Selectman/Finance for an increase in the COA budget from \$700 to \$1,000. The increase is needed, due to inflation, in order to continue to provide current and new quality programs to seniors. Motion passed unanimously.
- Jean will contact a speaker for an educational program. She will coordinate with ASCO for a date that will enhance both COA and ASCO community involvement.
- There will not be a COA meeting in February.
- Big bingos tentative start date is Tuesday, March 7, 2023 at 6PM.

Catherine Sampson moved and Jane Martin seconded to adjourn at 10:46AM. Motion passed unanimously.

Jean McCarthy, Secretary