# Recreation Reminders!

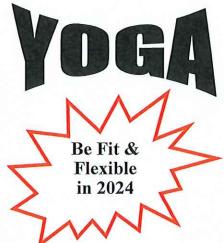
Programs are sponsored by Ashford Parks & Recreation Commission 860-487-4409



# Free Tce Skating

Ashford Residents **BOLTON ICE ARENA** SUNDAY FEB. 4th 4:15-5:45 P.M.

UCONN ICE ARENA **SUNDAY MARCH 17th** 4:00-8:00 P.M.



#### Come experience YOGA CLASS with Karrie Kirchner!

Reawaken your body, mind, and spirit!

Class meets Tuesday Mornings 8:15-9:15 a.m. or Wednesday Evenings 5:30-6:30 p.m. in Knowlton Town Hall \$50 for each 6 week session or

(drop in \$10 a class)



## Get into March Madness! Adult Pick Up Play!

Monday Nights 7:00-8:30 at Ashford School 6 weeks for \$30 per player Monday Feb.26th thru April 1st Contact Kieran at 530-448-4113 with questions.

### INDOOR PICKLEBALL AT ASHFORD SCHOOL!

Brush up on the basics, Keep active in the winter and get ready for the spring outdoor season! \$30 for 6 weeks of pick up play. Nets, balls and paddles provided! All levels welcome!

> Tuesday Evenings 6:00-8:00 p.m. March 5th through April 9th. We will set up 2 courts in the gymnasium

(minimum 4 players, maximum 12 players)



# ENGLISH COUNTRY DANCING

Sundays, 3:00-5:00 p.m. at the Senior Center! February 18, March 17, April 28, & May 19,

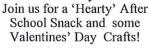
Come alone or with a friend, no experience required. Led by Barbara Renna, Barbararenna0012@gmail.com It's Fun, It's Easy, It's Elegant! No charge or registration form needed just drop in.

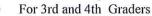
For a **Registration Form** go to the Town's website www.ashfordtownhall.org.Recreation or request one by emailing syork@ashfordtownhall.org

#### Valentines Day Hearts & Crafts

Get Creative!

Make Something Sweet for Someone you Love!





- Friday Feb. 9th
- in the Lower Lobby
- 3:15-4:30 Fee: \$5

Call 860-487-4409 to reserve your spot! Send a note to the teacher on the day, and bring \$5 to the program.

#### <u>INSTRUCTIONAL</u> <u>BASKETBALL</u> <u>PROGRAM</u>



for Grades 1 & 2
After School in the Gym 3:30-4:30 p.m.
Session II

Tues. & Thurs. Feb. 6,8,13,15, 22, 27 (Feb. 29 make up date if needed)

Fee: \$40 for session,

## Coming in March

#### After School Gymnastics!

Stretch, Strengthen, and Flip! Practice your Favorite Gymnastics Moves! Watch for more information.

- Kids in grades K-4.
- 3:30-4:30 pm, Fee: \$60
- Gym at Ashford School
- 6 weeks (Dates to be determined)







Join us for a Coach Bus Trip to Boston on Sunday, March 17th for the largest St. Patrick's Day Parade in New England! Meet at 9:00 am at the Tolland Commuter Lot for a complimentary breakfast. Bus departs at 9:30. You will arrive at the end of the parade route by 11:30. You'll have time to pick out the perfect spot to watch before the parade begins at 1:00. After the parade, the bus ride back will have food, games and if you have the Luck of the Irish a chance to win prizes!

Return time 6:30-7:00 p.m. Fee: \$90

Registration deadline 3/4/2024



#### TINY TUMBLERS

This Ashford Park and Rec. sponsored program is for children ages 3-5.

It's a great outlet for some of your little ones pent up energy.

Participants will learn basic tumbling moves that strengthen their bodies. They have lots of fun trying a variety of movement skills, stretching, balancing, rolling, jumping, moving to music and making new friends!

Class Meets Wednesdays
from 4:30-5:15 p.m.
in Knowlton Town Hall.
Class runs 6 weeks
Feb. 7th—March 14th, Fee: \$50
Instructors: Riley Fusco, & Sherry York