

# Recreation Reminders!

Programs are sponsored by Ashford Parks & Recreation Commission 860-487-4409



## Free Ice Skating

Ashford Residents  
**BOLTON ICE ARENA**  
**SUNDAY FEB. 4th**  
**4:15-5:45 P.M.**

**UCONN ICE ARENA**  
**SUNDAY MARCH 17th**  
**4:00-8:00 P.M.**

## YOGA

Be Fit &  
Flexible  
in 2024

Come experience  
**YOGA CLASS**  
with **Karrie Kirchner!**  
Reawaken your body,  
mind, and spirit!

Class meets **Tuesday Mornings**  
**8:15-9:15 a.m.**  
or **Wednesday Evenings**  
**5:30-6:30 p.m.**  
in Knowlton Town Hall  
\$50 for each 6 week session or  
(drop in \$10 a class)

## BasketBall



**Get into March Madness!**

### **Adult Pick Up Play!**

Monday Nights 7:00-8:30  
at Ashford School  
6 weeks for \$30 per player  
Monday Feb. 26th thru April 1st  
Contact Kieran at  
530-448-4113 with questions.

## INDOOR PICKLEBALL AT ASHFORD SCHOOL!

Brush up on the basics, Keep active in the winter and get  
ready for the spring outdoor season! \$30 for 6 weeks of  
pick up play. Nets, balls and paddles provided!  
All levels welcome!

**Tuesday Evenings 6:00-8:00 p.m.**  
**March 5th through April 9th.**

We will set up 2 courts in the gymnasium  
(minimum 4 players, maximum 12 players)



## ENGLISH COUNTRY DANCING

**Sundays, 3:00-5:00 p.m. at the Senior Center!**  
**February 18, March 17, April 28, & May 19,**

Come alone or with a friend, no experience required.  
Led by Barbara Renna, [Barbararena0012@gmail.com](mailto:Barbararena0012@gmail.com)  
It's Fun, It's Easy, It's Elegant!  
No charge or registration form needed, just drop in.

For a **Registration Form** go to the Town's website  
[www.ashfordtownhall.org/Recreation](http://www.ashfordtownhall.org/Recreation)  
or request one by emailing [syork@ashfordtownhall.org](mailto:syork@ashfordtownhall.org)



## Valentines Day Hearts & Crafts

Get Creative!

Make Something Sweet for Someone you Love!

Join us for a 'Hearty' After School Snack and some Valentines' Day Crafts!

- For 3rd and 4th Graders
- Friday Feb. 9th
- in the Lower Lobby

• 3:15- 4:30 Fee: \$5

Call 860-487-4409 to reserve your spot! Send a note to the teacher on the day, and bring \$5 to the program.



## INSTRUCTIONAL BASKETBALL PROGRAM



for Grades 1 & 2

After School in the Gym 3:30-4:30 p.m.

### Session II

Tues. & Thurs.

Feb. 6,8,13,15, 22, 27

(Feb. 29 make up date if needed)

Fee: \$40 for session,

## Coming in March

### *After School Gymnastics!*

*Stretch, Strengthen, and Flip!*

*Practice your Favorite Gymnastics Moves!*

*Watch for more information.*

- ♦ Kids in grades K-4.
- ♦ 3:30-4:30 pm, Fee: \$60
- ♦ Gym at Ashford School
- ♦ 6 weeks (Dates to be determined)



## BUS TRIP!

*Join us for a Coach Bus Trip to Boston on*

*Sunday, March 17th for the largest*

*St. Patrick's Day Parade in New England!*

*Meet at 9:00 am at the Tolland Commuter Lot for a complimentary breakfast. Bus departs at 9:30. You will arrive at the end of the parade route by 11:30.*

*You'll have time to pick out the perfect spot to watch before the parade begins at 1:00. After the parade, the bus ride back will have food, games and if you have the Luck of the Irish a chance to win prizes!*

*Return time 6:30-7:00 p.m. Fee: \$90*

*Registration deadline 3/4/2024*

## *TINY TUMBLERS*

*This Ashford Park and Rec. sponsored program is for children ages 3-5.*

*It's a great outlet for some of your little ones pent up energy.*

*Participants will learn basic tumbling moves that strengthen their bodies. They have lots of fun trying a variety of movement skills, stretching, balancing, rolling, jumping, moving to music and making new friends!*

**Class Meets Wednesdays**

**from 4:30-5:15 p.m.**

**in Knowlton Town Hall.**

**Class runs 6 weeks**

**Feb. 7th—March 14th, Fee: \$50**

**Instructors: Riley Fusco, & Sherry York**

